



# WINTER CARE TIPS FOR YOUR PET

Review these tips to keep pets safe and healthy during the fall and winter seasons.

## WEATHER

- Keep cats indoors and shorten exercise walks for dogs when the **temperature** falls. Safe outdoor temperatures for pets vary by breed and size. Ask your veterinarian for a specific recommendation for your pet.
- If your pet must be outside at all, provide adequate **shelter**. A dog house should be no more than 3 times the dog's size. The door should face away from the wind—usually south. And avoid blankets and straw—they can harbor fleas. Use cedar shavings for bedding instead. Provide similar shelter access to a building for outdoor cats.
- Never allow your dog to walk on a **lake** or **pond** that looks frozen. The appearance of ice can be very deceiving and pets can fall through and drown.

## PARASITE PREVENTION

- Continue using monthly flea, tick, and heartworm preventatives. Pets should take these preventatives year-round. Remember, it's often easier and cheaper to prevent **parasites** than to treat them when a pet's infested or infected.
- Take your pet for fecal exams for internal parasites at least yearly, and keep your yard clean of feces.

## MOTOR VEHICLES AND ANITFREEZE

- When the weather cools, cats like to sleep near a warm **car engine**, curling up on or under the hood. So, be sure you know where your cat is and honk the horn before starting your car.
- **Antifreeze** can be lethal. It tastes sweet to pets and contains ethylene glycol, a toxic agent. So, always clean up any antifreeze if it spills. Contact your veterinarian immediately if you suspect your pet has consumed antifreeze.

## DIET, FOOD AND WATER

- Like people, outdoor pets can burn more calories in the winter. However, most indoor pets don't need their **diet** adjusted for different seasons. Your veterinarian can help determine whether your pet's diet is adequate and balanced.
- To prevent **dehydration**, be sure your pet's water supply doesn't freeze. And use a non-metal water dish to keep your pet's tongue from sticking.
- **Candy**, especially chocolate, can make pets sick. A stomachache is the milder side effect, but chocolate poisoning—caused by theobromine, a compound found naturally in chocolate and related to caffeine—can be fatal.

## FEET

- **Rock salt**, used to melt snow and ice, can irritate paw pads. Clean pads thoroughly after a trip outside.
- Uneven, **icy surfaces** can slash dogs' paw pads, so keep your dog on a leash or dress him in canine booties.
- Without hard surfaces to act as a natural file, dogs' **toenails** grow longer in winter, so regularly clip your pet's nails.

## HOLIDAYS

- If you have a tree-climbing cat or large dog, consider securing your **holiday tree** by anchoring the top of the tree to a wall using strong cord or rope. Make sure any presents accessible to pets are securely wrapped, and don't use ribbon or raffia.
- Frequently check the ground around holiday trees. Ingested **pine needles** can puncture pets' intestines.
- Keep all tree **ornaments**, yarn, ribbon, and garlands well out of pets' reach by hanging them high on the tree. Don't use tinsel.
- Keep lit **candles** out of pets' reach.
- Holly, mistletoe, and poinsettia **plants** are poisonous when consumed. Enjoy their beauty while keeping pets safe by placing them well out of pets' reach.
- Puppies and kittens like to chew, so keep **electrical cords** out of reach.
- When entertaining, be sure **guests** know these and other household rules that help keep your pet safe.

\*Courtesy of Karen Sabatini, Ardmore Animal Hospital, Ardmore, PA. firstline  
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